



# ***In the Spotlight***

Monthly Issues of Interest Presented By  
The Learning Disabilities Association of New York State/ May 2010

## **LDA NYS To Offer Professional Training on Fetal Alcohol Spectrum Disorders (FASD)**

***The statistics are shocking:  
more than 1 in 5 pregnant  
women report use of alcohol in  
their first trimester...***

The Learning Disabilities Association of NYS (LDANYS) is conducting trainings throughout New York State on Fetal Alcohol Spectrum Disorders (FASD) with funding support from the NYS Developmental Disabilities Planning Council (DDPC). FASD refers to a range of physical and mental disorders that are a direct result of a mother's drinking alcohol during pregnancy. All of the training sessions are free and the goal of the training is to increase awareness of professionals to the importance of prevention, and provide strategies to help improve their ability to provide information and influence pregnant women to stop drinking during pregnancy. The trainings are offered in a 3 hour or 6 hour session. Trainings are already scheduled throughout New York State, with opportunities to schedule additional sessions.

Goals of the training include; increasing the understanding of the relationship between prenatal exposure to alcohol; greater awareness of FASD; characteristics of the disorder including behavior, developmental delays, learning difficulties, and executive functioning; and information on resources, strategies and accommodations.

The statistics are shocking: more than 1 in 5 pregnant women report use of alcohol in their first trimester; 1 in 14 in the second trimester, and 1 in 20 in the third trimester. FASD is the leading preventable cause of a learning disability and other developmental disabilities.

Committed to "Ending the Knowledge Gap", LDANYS proudly invites you to experience the professional development opportunity to reduce the incidence of FASD in New York State. This educational initiative is open to ALL educational, medical and behavioral health service professionals; continuing education credits are available and trainings are conducted at no cost. While there is no fee for the training, registration is still required. A registration form and a downloadable informational brochure on the training is available on the LDANYS website at [www.ldanys.org](http://www.ldanys.org). A list of currently scheduled trainings follows:

LDANYS  
1190 Troy-Schenectady Rd.  
Latham, NY 12110  
Ph: 518-608-8992  
Fax: 518-608-8993  
E-Mail: [statelda@ldanys.org](mailto:statelda@ldanys.org)  
Website: [www.ldanys.org](http://www.ldanys.org)

(OVER)



LEARNING DISABILITIES ASSOCIATION  
OF NEW YORK STATE

### **LDA Regional Affiliates**

LDA of the Capital District  
(a.k.a. Wildwood Programs)  
2995 Curry Road Extension  
Schenectady, NY 12303

LDA of Central New York  
722 West Manlius Street  
East Syracuse, NY 13057

LDA Life & Learning Services  
339 East Avenue, 4th Floor  
Rochester, NY 14604

LDA of Long Island  
44 South Elmwood Avenue  
Montauk, NY 11954

LDA of the Mohawk Valley  
401 Columbia Street  
Utica, NY 13502

LDA of New York City  
27 West 20th St., Rm. 303  
New York, NY 10011

LDA of the Southern Tier  
112 Nanticoke Avenue  
Endicott, NY 13760

LDA of Western New York  
2555 Elmwood Avenue  
Kenmore, NY 14217

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**VISIT US ON THE WEB  
AT [WWW.LDANYS.ORG](http://WWW.LDANYS.ORG)**

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The Learning Disabilities Association of New York State (LDANYS) was chartered by the New York State Board of Regents in 1958 and is a statewide 501c3 nonprofit, parent-driven organization that advocates on behalf of children and adults who have learning disabilities. LDANYS is the New York state affiliate of the Learning Disabilities Association of America. Our regional affiliates located throughout the state provide a variety of programs and services for children and adults with learning and other developmental disabilities and their families. For more information about our organization or about the content contained here, please contact our state office at 518-608-8992.

### ***Upcoming FASD Training Dates & Locations***

#### **May 17, 2010**

NYSUT Regional Office, 513 Washington Street, Watertown, NY 13601

#### **May 24, 2010**

NYSUT Regional Office, 4983 Brittonfield Parkway, East Syracuse, NY 13057

#### **June 28, 2010**

NYSUT Regional Office, 520 White Plains Rd., Suite 400, Tarrytown, NY 10591, 4th Floor Conference Room

#### **September 23, 2010**

NYSUT, Union Place, 30 North Union St., Suite 302, Rochester, NY 14607, 1st Floor Conference Center

#### **September 27 & 28, 2010**

Long Island Location To Be Announced

#### **September 29, 2010**

Mental Health Association of Nassau County, 16 Main St., Hempstead, NY 11550, 2nd Floor Training Room

#### **September 30, 2010**

NYSUT, 1000 Woodbury Rd-Suite 214, Woodbury, NY 11797, 1st Floor Conference Room